



## February 2016: K-8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><b>Cheese Calzone</b></p> <p><u>Eat Your Colors</u> Super Hero Spinach</p>	<p>2</p> <p><b>BBQ Roasted Chicken</b> Buttermilk Biscuit</p> <p><b>Hummus Grab &amp; Go</b> with Crunchy Carrots Cookie Treat</p> <p><u>Eat Your Colors</u> Sweet Potato Waffle Fries</p>	<p>3</p> <p><b>Vegetarian Chili</b> Warm Taco Boat Served with Rice and Salsa</p> <p><u>Eat Your Colors</u> Confetti Corn</p>	<p><i>New York Thursday</i> 4</p> <p><b>Chicken Cacciatore</b> Penne with Garlic &amp; Herbs</p> <p><u>Eat Your Colors</u> ● Roasted Zucchini ● Fresh Apple</p>	<p>5</p> <p><b>Pizza</b> Chicken Italiano</p> <p><b>Falafel-Rito</b></p> <p><u>Eat Your Colors</u> Cold Bean Salad</p>
<p>8</p> <p><b>Mexicali Chili</b> Warm Taco Boat Served with Rice and Salsa</p> <p><u>Eat Your Colors</u> Confetti Corn</p>	<p>9</p> <p><b>Turkey Burger</b> Deluxe Toppings</p> <p>Hummus Grab &amp; Go with Crunchy Carrots Cookie Treat</p> <p>Eat Your Colors Ranch Carrot Snackers</p>	<p>10</p> <p><b>Chicken Tacos</b> with Fresh Toppings Taco Sauce</p> <p><b>Spicy Black Bean Burrito</b></p> <p><u>Eat Your Colors</u> Sliced Cucumbers with Ranch Dipping Sauce</p>	<p><i>New York Thursday</i> 11</p> <p><b>Chicken Cacciatore</b></p> <p>Baked Penne ● Toasted Garlic Roll</p> <p><u>Eat Your Colors</u> Roasted Chickpeas with Basil Pesto ● Fresh Apple</p>	<p>12</p> <p><b>Pizza</b> Pineapple and Canadian Bacon</p> <p><b>Falafel Parmigiana</b></p> <p>US Presidents Educational Snack</p> <p><u>Eat Your Colors</u> Green Garden Salad</p>
<p>15</p> <p><b>Midwinter Recess</b></p> <p><b>Cheesy Baked Rotini</b> ● Toasty Breadstick</p> <p><u>Eat Your Colors</u> Roasted Zucchini</p>	<p>16</p> <p><b>Midwinter Recess</b></p> <p><b>Texas Chicken Chili</b> <b>Rice Bowl</b></p> <p><b>Lentil Chili</b></p> <p>Cookie Treat <u>Eat Your Colors</u> Seasoned Roasted Sweet Potatoes</p>	<p>17</p> <p><b>Midwinter Recess</b></p> <p><b>Veggie Quesadillas</b> Served with Salsa</p> <p><b>Empanadas</b> Served with Salsa</p> <p><u>Eat Your Colors</u> Broccoli Trees</p>	<p>18</p> <p><b>Midwinter Recess</b></p> <p><b>BBQ Chicken</b> ● Toasted Garlic Roll</p> <p><u>Eat Your Colors</u> Mashed Potatoes Braised Collard Greens ● Fresh Apple</p>	<p>19</p> <p><b>Midwinter Recess</b></p> <p><b>Pizza</b> Garden Veggie</p> <p><b>Cheese Calzone</b></p> <p><u>Eat Your Colors</u> ● Chickpea Salad</p>
<p>22</p> <p><b>Toasted Cheese &amp; Tomato Bagel</b></p> <p><u>Eat Your Colors</u> Seasoned Wedge Cut Potatoes</p>	<p>23</p> <p><b>Pesto Chicken Wrap</b></p> <p><u>Eat Your Colors</u> Seasoned Roasted Sweet Potatoes</p>	<p>24</p> <p><b>Kung Pao Crunchy Tofu</b></p> <p><b>Chicken &amp; Broccoli</b></p> <p>Vegetable Lo Mein</p> <p><u>Eat Your Colors</u> ● Crispy Egg Roll with Duck Sauce</p>	<p><i>New York Thursday</i> 25</p> <p><b>Sabroso Roasted Chicken</b> Spanish Rice</p> <p>Eat Your Colors Plantains ● Sofrito Black Beans ● Fresh Apple</p>	<p>26</p> <p><b>Pizza</b> Garden Veggie</p> <p><b>Cheese Calzone</b></p> <p><u>Eat Your Colors</u> Kale Salad</p>
<p>29</p> <p><b>Cheesy Baked Rotini</b> ● Toasty Breadstick</p> <p><u>Eat Your Colors</u> Roasted Zucchini</p>			 <p><b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING</b> ● <b>LOCALLY SOURCED &amp; PRODUCED FOOD</b></p>	

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, and Cheese Sandwiches  
 Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano  
 Dipping Sauces-IND: Asian Sesame, BBQ, Caesar, Chipotle Ranch, Honey Mustard, Ranch  
 Condiments: Ketchup, Mustard, Mayonnaise, Thai Chili Sauce, Hot Sauce  
 Dressings: Asian Sesame, Balsamic, Caesar, Chipotle Ranch, Ranch, French, Honey Mustard, Lite Italian

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MENUS ARE SUBJECT TO CHANGE