



SEPTEMBER 2015: HS Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	New York Thursday 3	4
	<p><u>Daily Special</u> Bagel Choices Served with Jelly and Cream Cheese</p> <p><u>Yogurt and Granola</u> Seasonal Fresh Fruit 100% Fruit Juice</p>	<p><u>Daily Special</u> French Toast Warm Syrup Turkey Sausage Patty</p> <p><u>Yogurt and Granola</u> Seasonal Fresh Fruit 100% Fruit Juice</p>	<p><u>Daily Special</u> Beef Sausage Breakfast Sandwich</p> <p><u>Yogurt and Granola</u> Seasonal Fresh Fruit 100% Fruit Juice</p>	<p><u>Daily Special</u> Bagel Choices Served with Jelly and Cream Cheese</p> <p><u>Yogurt and Granola</u> Seasonal Fresh Fruit 100% Fruit Juice</p>
Labor Day 7	8	First Day of School 9	New York Thursday 10	11
<p><u>Daily Special</u> Egg and Cheese Pita</p>	<p><u>Daily Special</u> Bagel Choices Served with Jelly and Cream Cheese</p> <p><u>Yogurt and Granola</u></p>	<p><u>Daily Special</u> Blueberry Pancakes Served with Syrup Turkey Sausage Patty</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Cheese Omelet Soft Wrap Served with Salsa</p> <p>Bagel Bar Grab & Go Choice</p> <p>• Assorted Upstate Yogurt</p>	<p><u>Daily Special</u> Carrot Zucchini Bread</p> <p>Bagel Bar Grab & Go Choice</p>
Rosh Hashanah 14	Rosh Hashanah 15	16	New York Thursday 17	18
<p><u>Daily Special</u> Tasty Waffles Served with Syrup</p>	<p><u>Daily Special</u> Bagel Choices Served with Jelly and Cream Cheese</p>	<p><u>Daily Special</u> Turkey Bacon, Egg & Cheese Breakfast Toast</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Biscuit Sandwich with Egg and Cheese</p> <p>Bagel Bar Grab & Go Choice</p> <p>• Assorted Upstate Yogurt</p>	<p><u>Daily Special</u> Egg and Cheese On a Bagel</p> <p>Bagel Bar Grab & Go Choice</p>
21	22	Yom Kippur 23	Eid al-Adha 24	25
<p><u>Daily Special</u> Breakfast Taco Taco Sauce</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Buttermilk Pancakes Served with Syrup Turkey Sausage Patty</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Blueberry Mini Loaf with Cheese Stick</p>	<p><u>Daily Special</u> Egg and Cheese on a Soft Wheat Roll</p>	<p><u>Daily Special</u> Turkey Chorizo Breakfast Burrito</p> <p>Bagel Bar Grab & Go Choice</p>
28	29	30	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING • LOCALLY SOURCED & PRODUCED FOOD	
<p><u>Daily Special</u> Egg and Cheese Pita</p> <p>Hot Oatmeal</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Carrot Zucchini Bread</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> French Toast Sticks Warm Peach Dipper</p> <p>Bagel Bar Grab & Go Choice</p>		

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, Assorted Cold Cereal, 100% Fruit Juice

Breakfast Dipping Sauces Served with Breakfast Sandwiches, Tacos & Burritos: Ketchup, Hot Sauce, Salsa

Cold Cereal Choices: Frosted Mini Wheats, Heart to Heart, Honey Sunshine, Toasted Oats, Multi-Grain Toasted Oats, Raisin Bran, Berry Whole Grain

High School Breakfast Menu



MENUS ARE SUBJECT TO CHANGE