



SEPTEMBER 2015: HS Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 <i>New York Thursday</i>	4
	<p><u>Daily Special</u> Bagel Choices Served with Jelly and Cream Cheese</p> <p><u>Yogurt and Granola</u> Seasonal Fresh Fruit 100% Fruit Juice</p>	<p><u>Daily Special</u> French Toast Warm Syrup Turkey Sausage Patty</p> <p><u>Yogurt and Granola</u> Seasonal Fresh Fruit 100% Fruit Juice</p>	<p><u>Daily Special</u> Beef Sausage Breakfast Sandwich</p> <p><u>Yogurt and Granola</u> Seasonal Fresh Fruit 100% Fruit Juice</p>	<p><u>Daily Special</u> Bagel Choices Served with Jelly and Cream Cheese</p> <p><u>Yogurt and Granola</u> Seasonal Fresh Fruit 100% Fruit Juice</p>
7 Labor Day	8	9 First Day of School	10 <i>New York Thursday</i>	11
<p><u>Daily Special</u> Egg and Cheese Pita</p>	<p><u>Daily Special</u> Bagel Choices Served with Jelly and Cream Cheese</p> <p><u>Yogurt and Granola</u></p>	<p><u>Daily Special</u> Blueberry Pancakes Served with Syrup Turkey Sausage Patty</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Cheese Omelet Soft Wrap Served with Salsa</p> <p>Bagel Bar Grab & Go Choice</p> <p style="color: green;">• Assorted Upstate Yogurt</p>	<p><u>Daily Special</u> Carrot Zucchini Bread</p> <p>Bagel Bar Grab & Go Choice</p>
14 Rosh Hashanah	15 Rosh Hashanah	16 Rosh Hashanah	17 <i>New York Thursday</i>	18 Rosh Hashanah
<p><u>Daily Special</u> Tasty Waffles Served with Syrup</p>	<p><u>Daily Special</u> Bagel Choices Served with Jelly and Cream Cheese</p>	<p><u>Daily Special</u> Turkey Bacon, Egg & Cheese Breakfast Toast</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Biscuit Sandwich with Egg and Cheese</p> <p>Bagel Bar Grab & Go Choice</p> <p style="color: green;">• Assorted Upstate Yogurt</p>	<p><u>Daily Special</u> Egg and Cheese On a Bagel</p> <p>Bagel Bar Grab & Go Choice</p>
21	22	23 Yom Kippur	24 Eid al-Adha	25
<p><u>Daily Special</u> Breakfast Taco Taco Sauce</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Buttermilk Pancakes Served with Syrup Turkey Sausage Patty</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Blueberry Mini Loaf with Cheese Stick</p>	<p><u>Daily Special</u> Egg and Cheese on a Soft Wheat Roll</p>	<p><u>Daily Special</u> Turkey Chorizo Breakfast Burrito</p> <p>Bagel Bar Grab & Go Choice</p>
28	29	30	 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING</p> <p style="color: green;">• LOCALLY SOURCED & PRODUCED FOOD</p>	
<p><u>Daily Special</u> Egg and Cheese Pita</p> <p>Hot Oatmeal</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> Carrot Zucchini Bread</p> <p>Bagel Bar Grab & Go Choice</p>	<p><u>Daily Special</u> French Toast Sticks Warm Peach Dipper</p> <p>Bagel Bar Grab & Go Choice</p>		

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, Assorted Cold Cereal, 100% Fruit Juice

Breakfast Dipping Sauces Served with Breakfast Sandwiches, Tacos & Burritos: Ketchup, Hot Sauce, Salsa

Cold Cereal Choices: Frosted Mini Wheats, Heart to Heart, Honey Sunshine, Toasted Oats, Multi-Grain Toasted Oats, Raisin Bran, Berry Whole Grain

High School Breakfast Menu